

The Transliminality Scale: Form B

Your Date of Birth: ___/___/___

Your Age: _____

Your Sex: M F

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| 1. | Horoscopes are right too often for it to be coincidence. | T | F |
| 2. | At times I perform certain little rituals to ward off negative influences. | T | F |
| 3. | I have experienced an altered state of consciousness in which I felt that I became cosmically enlightened. | T | F |
| 4. | At the present time, I am very good at make-believe and imagining. | T | F |
| 5. | I have felt that I had received special wisdom, to be communicated to the rest of humanity. | T | F |
| 6. | I have sometimes behaved in a much more impulsive or uninhibited way than is usual for me. | T | F |
| 7. | I am fascinated by new ideas, whether or not they have a practical value. | T | F |
| 8. | I have sometimes sensed an evil presence around me, although I could not see it. | T | F |
| 9. | My thoughts have sometimes come so quickly that I couldn't write them all down fast enough. | T | F |
| 10. | If I could not pretend or make-believe anymore, I wouldn't be me—I wouldn't be the same person. | T | F |
| 11. | Sometimes I experience things as if they were doubly real. | T | F |
| 12. | It is sometimes possible for me to be completely immersed in nature or in art and to feel as if my whole state of consciousness has somehow been temporarily altered. | T | F |
| 13. | Often I have a day when indoor lights seem so bright that they bother my eyes. | T | F |
| 14. | I am convinced that I have had at least one experience of telepathy between myself and another person. | T | F |
| 15. | I am convinced that I am psychic. | T | F |
| 16. | I have experienced an altered state of consciousness which I believe utterly transformed (in a positive way) the way I looked at myself. | T | F |

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| 17. | I am convinced that I have had a premonition about the future that came true and which (I believe) was not just a coincidence. | T | F |
| 18. | I think I really know what some people mean when they talk about mystical experience. | T | F |
| 19. | I have gone through times when smells seemed stronger and more overwhelming than usual. | T | F |
| 20. | I can clearly feel again in my imagination such things as: the feeling of a gentle breeze, warm sand under my feet, the softness of fur, cool grass, the warmth of the sun and the smell of freshly cut grass. | T | F |
| 21. | A person should try to understand their dreams and be guided by or take warnings from them. | T | F |
| 22. | While listening to my favorite music, in addition to feeling calm, Relaxed, happy, etc., I often have a feeling of oneness with the music, or of being in another place or time, or vividly remembering the past. | T | F |
| 23. | At times I somehow feel the presence of someone who is not physically there. | T | F |
| 24. | I am convinced that it is possible to gain information about the thoughts, feelings or circumstances of another person, in a way that does not depend on rational prediction or normal sensory channels. | T | F |
| 25. | For several days at a time I have had such a heightened awareness of sights and sounds that I cannot shut them out. | T | F |
| 26. | I sometimes have a feeling of gaining or losing energy when certain people look at me or touch me. | T | F |
| 27. | Now that I am grown up, I still in some ways believe in such beings as elves, witches, leprechauns, fairies, etc. | T | F |
| 28. | Sometimes people think I'm a bit weird because my ideas are so novel. | T | F |
| 29. | When listening to organ music or other powerful music, I sometimes feel as if I am being lifted up into the air. | T | F |